

Individual Best Times (All Time)

Nicole Akinbola-Adenrele - (1343382) - Black Lion SC - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
33.22	358	H	01/02/20	Essex Age Group Championships 2020	London	Bo Newham	1
34.97	307	H	13/04/19	Newham & East London L1 National Qualifying Meet	London	Bo Newham	1
38.64	228	H	14/07/18	RTSC End of Season Open Meet 2018	London Aquatic Ctr	Bo Newham	3

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