

# Individual Best Times (All Time)

James Blackwell - (1337812) - Plymouth Leander SC - 400 Individual Medley - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:23.63	420	F	18/01/22	Devon County ASA Championships & Age Groups 2022	Plymouth		1

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