Individual Best Times (All Time)

Alexandra Hart - (1337765) - Millfield - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
32.23	578	F	04/08/23	Swim England National Summer Meet 2023	Sheffield	Millfield	1
32.38	570	н	04/08/23	Swim England National Summer Meet 2023	Sheffield	Millfield	1
32.63	557	Н	06/05/24	SE SWR Summer Championships 2024	Plymouth		1
32.68	555	F	06/05/24	SE SWR Summer Championships 2024	Plymouth		1
33.09	534	Н	22/04/23	SE South West Summer Regional Championships 2023	Millfield		1
33.10	534	F	09/03/24	Chelsea & Westminster & Millfield March Grand Prix	Millfield		1
33.12	533	F	12/05/24	Team Bath AS & Millfield L1 Last Chance Meet 2024	Millfield		1
33.32	523	F	24/02/24	Somerset ASA County Championships 2024	Millfield		1
33.53	514	F	12/03/23	National Preparation Meet L1 2023	Millfield		1
33.59	511	F	22/04/23	SE South West Summer Regional Championships 2023	Millfield		1
33.70	506	F	18/06/23	Team Bath AS & Millfield National Preparation Meet	Millfield		3
34.08	489	F	08/05/22	Swim England South West Region Championships 2022	Hengrove		1
34.16	486	F	19/06/22	Team Bath & Millfield National Preparation Meet L1	Millfield		1
34.27	481	Н	28/01/23	Somerset ASA County Championships 2023	Millfield		1
34.31	479	Н	08/05/22	Swim England South West Region Championships 2022	Hengrove		1
34.48	472	F	28/01/23	Somerset ASA County Championships 2023	Millfield		1
35.01	451	F	13/03/22	Team Bath & Millfield National Qualifier L1 Meet	Millfield		1
35.37	437	Н	19/12/21	Swim Wales Winters 2021	Swansea		1
35.68	426	F	22/01/22	Somerset ASA County Championships 2022	Millfield		1
35.97	416	Н	22/01/22	Somerset ASA County Championships 2022	Millfield		1
41.29	275	Н	15/02/19	KSF LC National Age Group & Open Championships	Nairobi		1
43.68	232	Н	15/02/19	KSF LC National Age Group & Open Championships	Nairobi		1
45.60	204	F	08/07/18	BWFSC SUMMER MEET LEVEL 3	LONDON	Durrington	3

Swims in Date Order

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33.12	533	F	12/05/24	Team Bath AS & Millfield L1 Last Chance Meet 2024	Millfield		1
32.68	555	F	06/05/24	SE SWR Summer Championships 2024	Plymouth		1
32.63	557	Н	06/05/24	SE SWR Summer Championships 2024	Plymouth		1
33.10	534	F	09/03/24	Chelsea & Westminster & Millfield March Grand Prix	Millfield		1
33.32	523	F	24/02/24	Somerset ASA County Championships 2024	Millfield		1
32.23	578	F	04/08/23	Swim England National Summer Meet 2023	Sheffield	Millfield	1
32.38	570	Н	04/08/23	Swim England National Summer Meet 2023	Sheffield	Millfield	1
33.70	506	F	18/06/23	Team Bath AS & Millfield National Preparation Meet	Millfield		3
33.59	511	F	22/04/23	SE South West Summer Regional Championships 2023	Millfield		1
33.09	534	Н	22/04/23	SE South West Summer Regional Championships 2023	Millfield		1
33.53	514	F	12/03/23	National Preparation Meet L1 2023	Millfield		1
34.48	472	F	28/01/23	Somerset ASA County Championships 2023	Millfield		1
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