

Individual Best Times (All Time)

Emily Wade - (1323496) - Leyland Barracudas Swimming Club - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:23.58	554	H	12/05/24	ARENA Manchester Open Meet 2024	Manchester	Leyland Barr	1
5:24.49	550	H	04/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	Leyland Barr	1
5:25.02	547	H	02/04/23	Derventio eXcel Spring Qualifier Meet 2023	Sheffield	Leyland Barr	1
5:26.76	538	H	06/08/23	Swim England National Summer Meet 2023	Sheffield	Leyland Barr	1
5:26.92	537	H	26/03/23	SE North West Regional Summer Championships 2023	Liverpool	Leyland Barr	1
5:26.98	537	H	21/04/24	SENW Regional Summer Championships 2024	Manchester	Leyland Barr	1
5:27.17	536	H	31/03/24	Liverpool National Qualifier Meet 2024	Liverpool	Leyland Barr	1
5:28.74	528	H	15/04/23	City of Leeds SC National Qualifier Meet 2023	Leeds	Leyland Barr	1
5:29.11	527	H	10/02/24	Lancashire County Championships 2024	Manchester	Leyland Barr	1
5:35.30	498	H	18/12/22	City of Leeds SC Xmas Cracker Meet	Leeds	Leyland Barr	3

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