

Individual Best Times (All Time)

Lauren Cusick - (1316211) - Aquabears Of Rochdale SC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
31.61	613	H	30/09/23	COMAST Arena Manchester Winter Regional Qualifier	Manchester	Aquabears	3
31.62	612	F	20/04/24	SENW Regional Summer Championships 2024	Manchester	Aquabears	1
31.66	610	H	20/04/24	SENW Regional Summer Championships 2024	Manchester	Aquabears	1
32.24	578	H	04/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	Aquabears	1
32.27	576	F	04/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	Aquabears	1
33.61	510	H	29/01/22	Lancs County Age Groups & Championships 2022	Wavertree LC	Aquabears	1
36.43	400	H	26/05/18	2018 SENW Summer Championships	Manchester	Aquabears	1
36.99	382	F	03/02/18	Lancs County WPSA Age Groups & Championships	Manchester	Aquabears	1
37.00	382	H	03/02/18	Lancs County WPSA Age Groups & Championships	Manchester	Aquabears	1
39.17	322	H	05/02/17	Lancashire County Championships	Manchester	Aquabears	1

Swims in Date Order

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31.62	612	F	20/04/24	SENW Regional Summer Championships 2024	Manchester	Aquabears	1
31.66	610	H	20/04/24	SENW Regional Summer Championships 2024	Manchester	Aquabears	1
31.61	613	H	30/09/23	COMAST Arena Manchester Winter Regional Qualifier	Manchester	Aquabears	3
32.27	576	F	04/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	Aquabears	1
32.24	578	H	04/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	Aquabears	1
33.61	510	H	29/01/22	Lancs County Age Groups & Championships 2022	Wavertree LC	Aquabears	1
36.43	400	H	26/05/18	2018 SENW Summer Championships	Manchester	Aquabears	1
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37.00	382	H	03/02/18	Lancs County WPSA Age Groups & Championships	Manchester	Aquabears	1
39.17	322	H	05/02/17	Lancashire County Championships	Manchester	Aquabears	1