Individual Best Times (All Time)

Ashton Netherwood - (1314634) - Arun Tridents SC - 200 Backstroke - Long Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:36.48	365	F	11/02/23	Sussex County & Age Group Championships 2023	Crawley		1
2:44.44	315	F	26/02/22	Sussex County ASA County Championships	Crawley		1
2:51.41	278	F	26/09/21	Crawley SC Lis Hartley L3 Crawley LC Open Meet 21	Crawley		3
2:57.22	251	F	22/02/20	Sussex County ASA Champs and Age Group Comp	Crawley	Arun Trident	1
3:02.96	228	F	23/02/19	SUSSEX COUNTY CHAMPIONSHIPS	Crawley	Arun Trident	1
3:14.09	191	Н	02/12/18	Rushmoor Royals Last Chance County Qualifier Meet	Aldershot	Arun Trident	3

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