

# Individual Best Times (All Time)

Mark Rigo - (1311358) - Newham & University of East Lond - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:10.19	480	F	02/04/23	NUEL SC National Qualifier Open Meet 2023	Stratford		1
2:10.72	475	F	08/05/22	NUEL SC National Qualifier Open Meet 2022	Stratford		1
2:10.93	472	H	30/04/22	SE London Summer Championships 2022	Stratford		1
2:14.13	439	H	22/04/23	SE London Summer Championships 2023	Crawley		1
2:14.26	438	F	08/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford		3
2:32.19	301	H	14/04/19	Newham & East London L1 National Qualifying Meet	London	Romford Town	1
2:33.91	291	F	27/07/19	NUEL Non National Qualifiers Meet 2019	London Aquatic	Romford Town	3
2:40.61	256	H	24/11/18	RTSC Early County Qualifiers 2018	London	Romford Town	3

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