Individual Best Times (All Time)

Jared Cross - (1310556) - Preston Swimming Club - 400 Individual Medley - Long Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|--------------|-----------------|-------|
| 5:06.98 | 492 | Н | 10/02/24 | Lancashire County Championships 2024 | Manchester | Preston | 1 |
| 5:13.80 | 461 | Н | 05/02/23 | Lancashire County Age Groups & Championships 2023 | Liverpool | Preston | 1 |
| 5:17.70 | 444 | Н | 26/03/22 | SE North West Summer Regional Swimming Champs | Liverpool | Preston | 1 |
| 5:27.95 | 404 | Н | 30/01/22 | Lancs County Age Groups & Championships 2022 | Wavertree LC | Preston | 1 |
| 5:52.33 | 326 | Н | 12/01/20 | Lancashire County Age Groups & County Champs | Manchester | Preston | 1 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|--------------|-----------------|-------|
| 5:06.98 | 492 | Н | 10/02/24 | Lancashire County Championships 2024 | Manchester | Preston | 1 |
| 5:13.80 | 461 | Н | 05/02/23 | Lancashire County Age Groups & Championships 2023 | Liverpool | Preston | 1 |
| 5:17.70 | 444 | Н | 26/03/22 | SE North West Summer Regional Swimming Champs | Liverpool | Preston | 1 |
| 5:27.95 | 404 | Н | 30/01/22 | Lancs County Age Groups & Championships 2022 | Wavertree LC | Preston | 1 |
| 5:52.33 | 326 | Н | 12/01/20 | Lancashire County Age Groups & County Champs | Manchester | Preston | 1 |

Copyright 2024 Powered By SPORTSYSTEMS