

Individual Best Times (All Time)

Heidi Carr - (1304044) - Newcastle SwimTeam - 400 Freestyle - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:00.52	480	H	04/02/24	Northumberland & Durham SA County Championships 24	Sunderland	Newcastle	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:00.52	480	H	04/02/24	Northumberland & Durham SA County Championships 24	Sunderland	Newcastle	1