

Individual Best Times (All Time)

Poppy Shaw - (1303121) - Eyemouth & District ASC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:00.46	480	H	30/06/24	2024 Scottish National Open Swimming Championships	Edinburgh	B.E.S.T.	1
5:10.69	434	F	13/05/23	2023 SS West District LC May AG Meet	Glasgow		1

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