

# Individual Best Times (All Time)

Poppy Shaw - (1303121) - Eyemouth & District ASC - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet   | Venue      | Club Swam Under | Level |
|---------|--------|-------|----------|--|------------|-----------------|-------|
| 2:18.30 | 543    | H     | 14/04/24 | 2024 Scottish National Age Group Swimming Champs   | Aberdeen   | B.E.S.T.        | 1     |
| 2:18.53 | 540    | F     | 14/04/24 | 2024 Scottish National Age Group Swimming Champs   | Aberdeen   | B.E.S.T.        | 1     |
| 2:19.54 | 528    | H     | 29/06/24 | 2024 Scottish National Open Swimming Championships | Edinburgh  | B.E.S.T.        | 1     |
| 2:19.92 | 524    | H     | 04/02/24 | East District Age Groups 2024                      | Edinburgh  |                 | 1     |
| 2:20.33 | 520    | H     | 27/05/23 | Glasgow International Swim Meet                    | Tollcross  |                 | 1     |
| 2:20.42 | 519    | H     | 23/01/23 | East District Age Groups                           | Scotland   |                 | 1     |
| 2:21.47 | 507    | F     | 04/02/24 | East District Age Groups 2024                      | Edinburgh  |                 | 1     |
| 2:22.59 | 495    | F     | 23/01/23 | East District Age Groups                           | Scotland   |                 | 1     |
| 2:22.61 | 495    | H     | 02/07/23 | City of Sunderland ASC Summer Splash 2023          | Sunderland | Eyemouth        | 3     |
| 2:23.81 | 483    | H     | 15/07/23 | Scottish Summer Meet                               | Aberdeen   |                 | 1     |
| 2:24.57 | 475    | H     | 16/04/23 | Scottish National Age Group Championships          | Aberdeen   |                 | 1     |
| 2:25.79 | 463    | H     | 03/07/22 | City of Sunderland ASC Summer Splash 2022          | Sunderland | Eyemouth        | 3     |
| 2:49.25 | 296    | H     | 06/07/19 | City of Sunderland ASC Summer Splash 2019          | Sunderland | Eyemouth        | 3     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet   | Venue      | Club Swam Under | Level |
|---------|--------|-------|----------|--|------------|-----------------|-------|
| 2:19.54 | 528    | H     | 29/06/24 | 2024 Scottish National Open Swimming Championships | Edinburgh  | B.E.S.T.        | 1     |
| 2:18.53 | 540    | F     | 14/04/24 | 2024 Scottish National Age Group Swimming Champs   | Aberdeen   | B.E.S.T.        | 1     |
| 2:18.30 | 543    | H     | 14/04/24 | 2024 Scottish National Age Group Swimming Champs   | Aberdeen   | B.E.S.T.        | 1     |
| 2:21.47 | 507    | F     | 04/02/24 | East District Age Groups 2024                      | Edinburgh  |                 | 1     |
| 2:19.92 | 524    | H     | 04/02/24 | East District Age Groups 2024                      | Edinburgh  |                 | 1     |
| 2:23.81 | 483    | H     | 15/07/23 | Scottish Summer Meet                               | Aberdeen   |                 | 1     |
| 2:22.61 | 495    | H     | 02/07/23 | City of Sunderland ASC Summer Splash 2023          | Sunderland | Eyemouth        | 3     |
| 2:20.33 | 520    | H     | 27/05/23 | Glasgow International Swim Meet                    | Tollcross  |                 | 1     |
| 2:24.57 | 475    | H     | 16/04/23 | Scottish National Age Group Championships          | Aberdeen   |                 | 1     |
| 2:22.59 | 495    | F     | 23/01/23 | East District Age Groups                           | Scotland   |                 | 1     |

|         |     |   |          |   |            |          |   |
|---------|-----|---|----------|---|------------|----------|---|
| 2:20.42 | 519 | H | 23/01/23 | East District Age Groups                  | Scotland   |          | 1 |
| 2:25.79 | 463 | H | 03/07/22 | City of Sunderland ASC Summer Splash 2022 | Sunderland | Eyemouth | 3 |
| 2:49.25 | 296 | H | 06/07/19 | City of Sunderland ASC Summer Splash 2019 | Sunderland | Eyemouth | 3 |