

Individual Best Times (All Time)

Elen Ruck - (1302858) - Bristol Henleaze SC - 50 Butterfly - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
33.90	374	H	14/01/23	Gloucestershire County Swimming Championships 2023	Bristol		1
34.34	360	H	13/01/24	Gloucester County ASA Swimming Championships 2024	Bristol		1
35.36	329	H	02/02/22	Gloucester County Champions 2022 Finals	Hengrove LC		1
37.02	287	H	19/01/20	Gloucester County Championships	Hengrove, Bristol	Bristol Nor	1
38.03	265	H	20/01/19	Gloucester County ASA Championships	Hengrove Pool	Bristol Nor	1
46.20	147	F	30/10/16	City of Bristol L3 Long Course Early Bird Open	Bristol	Bristol Nor	3
55.24	86	F	13/03/16	City of Cardiff Tiger Bay Meet	Cardiff		3

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