

# Individual Best Times (All Time)

Sophia Sugden - (1300103) - Carlisle Aquatics - 200 Breaststroke - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:11.22	372	H	04/05/24	SENW Regional Summer Championships 2024	Manchester	Carlisle Aq	1

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