

Individual Best Times (All Time)

Sophia Sugden - (1300103) - Carlisle Aquatics - 100 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:28.91	375	H	02/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	Carlisle Aq	3
1:29.62	366	H	28/04/24	SENW Regional Summer Championships 2024	Manchester	Carlisle Aq	1
1:40.73	258	H	26/11/22	City of Sheffield Swim Squad Snow Frills 2022	Ponds Forge	Carlisle Aq	3

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