

Individual Best Times (All Time)

Sophia Sugden - (1300103) - Carlisle Aquatics - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:21.69	505	H	28/04/24	SENW Regional Summer Championships 2024	Manchester	Carlisle Aq	1
2:26.53	456	H	31/03/24	Liverpool National Qualifier Meet 2024	Liverpool	Carlisle Aq	1
2:28.73	436	H	02/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	Carlisle Aq	3
2:30.87	418	H	30/04/23	SE North West Regional Summer Championships 2023	Liverpool	Carlisle Aq	1
2:31.17	416	H	01/04/23	City of Sunderland National Qualifier Meet 2023	Sunderland	Carlisle Aq	1
2:41.63	340	H	02/04/22	City of Sunderland ASC National Qualifier 2022	Sunderland	Carlisle Aq	1

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