

Individual Best Times (All Time)

Sophia Sugden - (1300103) - Carlisle Aquatics - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:06.59	468	H	30/03/24	Liverpool National Qualifier Meet 2024	Liverpool	Carlisle Aq	1
1:07.15	456	H	16/03/24	Richmond Dales ASC April Fool Gala 2024	Leeds	Carlisle Aq	3
1:08.62	427	H	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	Carlisle Aq	3
1:09.44	412	H	02/04/23	City of Sunderland National Qualifier Meet 2023	Sunderland	Carlisle Aq	1
1:11.03	385	H	27/11/22	City of Sheffield Swim Squad Snow Frills 2022	Ponds Forge	Carlisle Aq	3
1:11.57	377	H	17/12/22	City of Leeds SC Xmas Cracker Meet	Leeds	Carlisle Aq	3
1:11.97	370	H	03/07/22	City of Sunderland ASC Summer Splash 2022	Sunderland	Carlisle Aq	3
1:12.39	364	H	03/04/22	City of Sunderland ASC National Qualifier 2022	Sunderland	Carlisle Aq	1
1:13.70	345	H	23/04/22	SE North West Summer Regional Swimming Champs	Liverpool	Carlisle Aq	1

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