

Individual Best Times (All Time)

Sophia Sugden - (1300103) - Carlisle Aquatics - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:57.22	335	H	03/04/22	City of Sunderland ASC National Qualifier 2022	Sunderland	Carlisle Aq	1
2:57.50	333	H	01/05/22	SE North West Summer Regional Swimming Champs	Liverpool	Carlisle Aq	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:57.50	333	H	01/05/22	SE North West Summer Regional Swimming Champs	Liverpool	Carlisle Aq	1
2:57.22	335	H	03/04/22	City of Sunderland ASC National Qualifier 2022	Sunderland	Carlisle Aq	1