

Individual Best Times (All Time)

Sophia Sugden - (1300103) - Carlisle Aquatics - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
35.44	435	H	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	Carlisle Aq	3
37.03	381	H	02/04/23	City of Sunderland National Qualifier Meet 2023	Sunderland	Carlisle Aq	1
38.00	353	H	23/04/22	SE North West Summer Regional Swimming Champs	Liverpool	Carlisle Aq	1
39.90	305	H	03/07/22	City of Sunderland ASC Summer Splash 2022	Sunderland	Carlisle Aq	3
40.86	284	H	03/04/22	City of Sunderland ASC National Qualifier 2022	Sunderland	Carlisle Aq	1
40.93	282	H	26/11/22	City of Sheffield Swim Squad Snow Frills 2022	Ponds Forge	Carlisle Aq	3

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