

Individual Best Times (All Time)

Daniel Harding - (1298892) - Larkfield SC - 400 Freestyle - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:54.13	418	H	11/02/23	Kent Swimming Championships 2023	Stratford	Larkfield	1

Swims in Date Order

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