

# Individual Best Times (All Time)

Lydia Swindell - (1296539) - Ashton Central SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:23.58	630	F	26/03/22	SE North West Summer Regional Swimming Champs	Liverpool	Wigan BEST	1
2:24.69	616	H	26/03/22	SE North West Summer Regional Swimming Champs	Liverpool	Wigan BEST	1
2:25.74	603	H	22/01/22	Lancs County Age Groups & Championships 2022	Wavertree LC	Wigan BEST	1
2:26.84	589	F	20/04/24	SENW Regional Summer Championships 2024	Manchester	Wigan BEST	1
2:26.87	589	H	10/02/24	Lancashire County Championships 2024	Manchester	Wigan BEST	1
2:27.99	576	H	20/04/24	SENW Regional Summer Championships 2024	Manchester	Wigan BEST	1

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