

# Individual Best Times (All Time)

David Smurawa - (1294052) - Rykneld SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:03.57	296	H	22/04/23	East Midlands Regional LC Championships 2023	Corby	Rykneld	1
6:04.83	293	H	01/07/23	City of Coventry SC Graham Sykes Open Meet 2023	Coventry	Rykneld	3
6:12.73	275	H	12/02/23	Derbyshire ASA County Championships 2023	Derby	Rykneld	1

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