Individual Best Times (All Time)

Daniel Jackson - (1281379) - Borough of Kirklees SC - 400 Individual Medley - Long Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

4:31.20 714 F 04/04/24 Speedo Aquatics GB Swimming Championships 2024 London Bo Kirklees 4:31.73 710 F 25/07/23 British Summer Championships Sheffield Bo Kirklees 4:31.87 709 F 04/05/24 SE North East Regional Open/Youth Championships Sunderland Bo Kirklees 4:33.35 698 F 06/04/23 British Swimming Championships 2023 Sheffield Bo Kirklees 4:33.39 697 H 04/04/24 Speedo Aquatics GB Swimming Championships 2024 London Bo Kirklees 4:33.44 689 H 20/04/23 SE NE Region Open/Youth Championships (50m) 2023 Sheffield Bo Kirklees 4:35.66 680 H 10/02/24 Yorkshire SA Championships 2024 Leeds Bo Kirklees 4:38.29 661 H 06/04/23 British Swimming Championships 2023 Sheffield Bo Kirklees 4:38.31 661 H 09/03/24 ESSA 73rd Inter-Divisional Championships Sunderland Bo Kirklees 4:39.30	Jnder Leve
4:31.87 709 F 04/05/24 SE North East Regional Open/Youth Championships Sunderland Bo Kirklees 4:33.12 699 H 22/06/24 City of Sheffield Team Steel Meet 2024 Sheffield Bo Kirklees 4:33.35 698 F 06/04/23 Brittsh Swimming Championships 2023 Sheffield Bo Kirklees 4:33.39 697 H 04/04/24 Speedo Aquatics GB Swimming Championships 2024 London Bo Kirklees 4:33.94 693 F 29/04/23 SE NE Region Open/Youth Championships (50m) 2023 Sheffield Bo Kirklees 4:35.66 680 H 10/02/24 Yorkshire SA Championships 2024 Leeds Bo Kirklees 4:37.33 668 H 06/04/23 British Swimming Championships 2023 Sheffield Bo Kirklees 4:38.29 661 H 09/03/24 ESSA 73rd Inter-Divisional Champions 2023-24 Coventry Coventry 4:38.62 659 H 25/07/23 British Swimming Championships Sheffield Bo Kirklees 4:39.30 <t< td=""><td>1</td></t<>	1
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4:54.38 558 F 17/04/22 City of Leeds SC National Qualifier 2022 John Charles AC Bo Kirklees	1
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4:55.24 554 H 22/01/22 City of Sunderland ASC New Year Meet 2022 Sunderland Bo Kirklees	1
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4.00./ 1	J4J	Г	12/02/22	TURNSHIFE OWITHINING ASSOCIATION CHAMPIONSHIPS 2022	Leeus	DU MIKIEES	Page 2 / 3
4:57.09	543	Н	02/04/22	City of Sunderland ASC National Qualifier 2022	Sunderland	Bo Kirklees	1
4:57.13	543	Н	17/04/22	City of Leeds SC National Qualifier 2022	John Charles AC	Bo Kirklees	1
4:58.13	538	Н	12/02/22	Yorkshire Swimming Association Championships 2022	Leeds	Bo Kirklees	1
5:30.20	396	F	08/02/20	Yorkshire County Championships Level of Meet	Leeds	Bo Kirklees	1
5:33.90	383	Н	11/01/20	City of Sunderland New Year Meet 2020	Sunderland	Bo Kirklees	1
5:36.89	372	Н	08/02/20	Yorkshire County Championships Level of Meet	Leeds	Bo Kirklees	1
5:43.05	353	Н	20/05/18	North East Region Championships	Leeds	Bo Kirklees	1
5:45.64	345	Н	13/01/18	City of Sunderland New Year Meet 2018	Sunderland	Bo Kirklees	1
5:45.86	344	Н	09/02/19	Yorkshire County Championships	Leeds	Bo Kirklees	1
5:45.99	344	F	20/05/18	North East Region Championships	Leeds	Bo Kirklees	1
5:46.23	343	Н	07/04/18	Derventio Excel 12th Long Course Open Meet	Sheffield	Bo Kirklees	1
5:48.59	336	Н	19/01/19	City of Sunderland New Year Meet 2019	Sunderland	Bo Kirklees	1
5:50.52	331	Н	12/05/19	Swim England North East Region Championships (50)	Leeds	Bo Kirklees	1

Swims in Date Order

Γime	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Lev
4:33.12	699	Н	22/06/24	City of Sheffield Team Steel Meet 2024	Sheffield	Bo Kirklees	1
4:31.87	709	F	04/05/24	SE North East Regional Open/Youth Championships	Sunderland	Bo Kirklees	1
4:38.31	661	Н	04/05/24	SE North East Regional Open/Youth Championships	Sunderland	Bo Kirklees	1
4:31.20	714	F	04/04/24	Speedo Aquatics GB Swimming Championships 2024	London	Bo Kirklees	1
4:33.39	697	Н	04/04/24	Speedo Aquatics GB Swimming Championships 2024	London	Bo Kirklees	1
4:38.29	661	Н	09/03/24	ESSA 73rd Inter-Divisional Champions 2023-24	Coventry		1
4:35.66	680	Н	10/02/24	Yorkshire SA Championships 2024	Leeds	Bo Kirklees	1
4:34.44	689	Н	20/01/24	City of Sunderland ASC New Year Meet 2024	Sunderland	Bo Kirklees	1
4:31.73	710	F	25/07/23	British Summer Championships	Sheffield	Bo Kirklees	1
4:38.62	659	Н	25/07/23	British Summer Championships	Sheffield	Bo Kirklees	1
4:33.94	693	F	29/04/23	SE NE Region Open/Youth Championships (50m) 2023	Sheffield	Bo Kirklees	1
4:39.32	654	Н	29/04/23	SE NE Region Open/Youth Championships (50m) 2023	Sheffield	Bo Kirklees	1
4:33.35	698	F	06/04/23	British Swimming Championships 2023	Sheffield	Bo Kirklees	1
4:37.33	668	Н	06/04/23	British Swimming Championships 2023	Sheffield	Bo Kirklees	1
4:39.00	656	Н	02/04/23	Derventio eXcel Spring Qualifier Meet 2023	Sheffield	Bo Kirklees	1
4:43.84	623	F	11/02/23	Yorkshire Swimming Association Championships 2023	Leeds	Bo Kirklees	1
4:44.66	618	Н	11/02/23	Yorkshire Swimming Association Championships 2023	Leeds	Bo Kirklees	1
4:43.93	623	Н	28/01/23	City of Sunderland SC New Year Meet 2023	Sunderland	Bo Kirklees	1
4:41.84	636	F	25/07/22	British Summer Championships	Sheffield	Bo Kirklees	1
4:47.79	598	Н	25/07/22	British Summer Championships	Sheffield	Bo Kirklees	1
4:47.89	597	F	30/04/22	SE North East Region Open/Youth Championships 2022	Sheffield	Bo Kirklees	1
4:50.83	579	Н	30/04/22	SE North East Region Open/Youth Championships 2022	Sheffield	Bo Kirklees	1
4:54.38	558	F	17/04/22	City of Leeds SC National Qualifier 2022	John Charles AC	Bo Kirklees	1
4:57.13	543	Н	17/04/22	City of Leeds SC National Qualifier 2022	John Charles AC	Bo Kirklees	1
4:57.09	543	Н	02/04/22	City of Sunderland ASC National Qualifier 2022	Sunderland	Bo Kirklees	1
4:49.83	585	Н	26/03/22	City of Sheffield Swim Squad Premier Open Meet 22	Sheffield	Bo Kirklees	1
4:50.15	583	Н	20/03/22	Derventio eXcel March Open Meet	Sheffield	Bo Kirklees	1
4:56.71	545	F	12/02/22	Yorkshire Swimming Association Championships 2022	Leeds	Bo Kirklees	1
4:58.13	538	Н	12/02/22	Yorkshire Swimming Association Championships 2022	Leeds	Bo Kirklees	1
4:55.24	554	Н	22/01/22	City of Sunderland ASC New Year Meet 2022	Sunderland	Bo Kirklees	1
5:30.20	396	F	08/02/20	Yorkshire County Championships Level of Meet	Leeds	Bo Kirklees	1
5:36.89	372	Н	08/02/20	Yorkshire County Championships Level of Meet	Leeds	Bo Kirklees	1
5:33.90	383	Н	11/01/20	City of Sunderland New Year Meet 2020	Sunderland	Bo Kirklees	1
5:50.52	331	Н	12/05/19	Swim England North East Region Championships (50)	Leeds	Bo Kirklees	1
5:45.86	344	Н	09/02/19	Yorkshire County Championships	Leeds	Bo Kirklees	1
5:48.59	336	Н	19/01/19	City of Sunderland New Year Meet 2019	Sunderland	Bo Kirklees	1

5:45.99	344	F	20/05/18	North East Region Championships	Leeds	Bo Kirklees	Page 3 / 3 1
5:43.05	353	Н	20/05/18	North East Region Championships	Leeds	Bo Kirklees	1
5:46.23	343	Н	07/04/18	Derventio Excel 12th Long Course Open Meet	Sheffield	Bo Kirklees	1
5:45.64	345	Н	13/01/18	City of Sunderland New Year Meet 2018	Sunderland	Bo Kirklees	1

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