## **Individual Best Times (All Time)**

Oluwatimilehin Adelowo - (1279959) - Saxon Crown (Lewisham) SC - 200 Backstroke - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level	
3:07.49	212	F	14/03/20	2020 London Region Spring Open Meet	London	Saxon Crown	1	

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
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