Individual Best Times (All Time)

Adam Currie - (1254268) - South Ayrshire ASC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:35.63	377	F	11/01/20	2020 WD Long Course Championships - WE1	Tollcross	N Ayrshire	1
5:42.12	356	F	01/03/20	2020 SS West District LC AG Pre-SNAG Meet	Glasgow	N Ayrshire	2
5:54.88	319	F	30/03/19	Scottish National Age Group Championships	Tollcross	N Ayrshire	1
6:04.29	294	F	12/01/19	2019 SS West District LC Senior Age Group Champs	Glasgow	N Ayrshire	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:42.12	356	F	01/03/20	2020 SS West District LC AG Pre-SNAG Meet	Glasgow	N Ayrshire	2
5:35.63	377	F	11/01/20	2020 WD Long Course Championships - WE1	Tollcross	N Ayrshire	1
5:54.88	319	F	30/03/19	Scottish National Age Group Championships	Tollcross	N Ayrshire	1
6:04.29	294	F	12/01/19	2019 SS West District LC Senior Age Group Champs	Glasgow	N Ayrshire	1