

Individual Best Times (All Time)

Tom Longley - (1253681) - Copeland ASC - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:07.95	437		24/03/24	York City Baths Club National Qualifier 2024	Leeds		1
1:08.16	433	H	20/04/24	SENW Regional Summer Championships 2024	Manchester	Copeland	1
1:08.98	418	H	01/10/23	COMAST Arena Manchester Winter Regional Qualifier	Manchester	Copeland	3
1:09.01	418	H	11/05/24	ARENA Manchester Open Meet 2024	Manchester	Copeland	1
1:09.04	417	H	02/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	Copeland	3
1:10.28	395	F	07/05/23	Swansea Aquatic May LC Meet	Swansea		1
1:10.77	387	H	02/04/23	City of Sunderland National Qualifier Meet 2023	Sunderland	Copeland	1
1:11.42	377	H	25/03/23	SE North West Regional Summer Championships 2023	Liverpool	Copeland	1
1:14.90	326	H	01/05/22	SE North West Summer Regional Swimming Champs	Liverpool	Copeland	1

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