

Individual Best Times (All Time)

Tom Nicolson - (1243390) - Delting Dolphins ASC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:16.99	447	F	03/03/20	ND Age Group Championships 2020 R2	Aberdeen	Delting	1
5:21.45	429	F	30/03/19	Scottish National Age Group Championships	Tollcross	Delting	1
5:21.88	427	F	27/03/22	North District Age Group Champs 2022	Aberdeen		1
5:22.82	423	F	17/07/22	Scottish Summer Meet 2022	Aberdeen		1
5:29.04	400	F	05/03/19	ND Age Group Championships 2019 R2	Aberdeen	Delting	1
5:29.42	398	F	26/05/19	North District Long Course Time Trials 2019	Aberdeen	Delting	1
5:53.50	322	F	27/05/18	North District Long Course Time Trials 2018	Aberdeen	Delting	1
6:03.54	296	F	06/02/18	North District Age Group Championships 2018	Aberdeen	Delting	1
6:15.26	269	F	07/02/17	North District Age Group Championships 2017	Aberdeen	Delting	1
6:16.96	266	F	28/05/17	North District Long Course Time Trials 2017	Aberdeen	Delting	1

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