

# Individual Best Times (All Time)

Tom Nicolson - (1243390) - Delting Dolphins ASC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:29.87	440	H	01/07/22	Scottish National Open Championships 2022	Aberdeen		1
2:29.90	439	F	02/02/20	ND Age Group Championships 2020 R1	Aberdeen	Delting	1
2:31.73	424	H	02/02/20	ND Age Group Championships 2020 R1	Aberdeen	Delting	1
2:32.47	417	H	31/03/19	Scottish National Age Group Championships	Tollcross	Delting	1
2:33.66	408	F	31/03/19	Scottish National Age Group Championships	Tollcross	Delting	1
2:33.88	406	H	04/02/23	ND Age Group Championships 2023 R2	Aberdeen		1
2:36.01	390	F	25/05/19	North District Long Course Time Trials 2019	Aberdeen	Delting	1
2:37.62	378	H	03/02/19	ND Age Group Championships 2019 R1	Aberdeen		1
2:46.79	319	F	26/05/18	North District Long Course Time Trials 2018	Aberdeen	Delting	1
2:50.99	296	F	04/02/18	North District Age Group Championships 2018	Aberdeen	Delting	1
2:51.91	291	H	04/02/18	North District Age Group Championships 2018	Aberdeen	Delting	1
2:58.51	260	F	27/05/17	North District Long Course Time Trials 2017	Aberdeen	Delting	1
3:04.49	235	H	05/02/17	North District Age Group Championships	Aberdeen	Delting	1

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