

# Individual Best Times (All Time)

Emma Allatt-File - (1234790) - Guildford City Swimming Club - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:34.67	703	F	24/07/22	British Summer Championships	Sheffield	Guildford Ct	1
2:35.60	690	F	01/05/22	Swim England South East Summer Championships	Wycombe		1
2:35.77	688	F	06/04/22	British Championships 2022	Sheffield	Guildford Ct	1
2:37.48	666	H	24/07/22	British Summer Championships	Sheffield	Guildford Ct	1
2:37.84	661	H	06/04/22	British Championships 2022	Sheffield	Guildford Ct	1
2:38.48	653	H	01/05/22	Swim England South East Summer Championships	Wycombe		1
2:38.75	650	H	03/04/24	Speedo Aquatics GB Swimming Championships 2024	London	Guildford Ct	1
2:39.13	645	F	06/02/22	Surrey County Age Group Championships 2022	Guildford		1
2:39.31	643	F	12/03/22	2022 Wycombe Long Course Premier Meet	High Wycombe		1
2:39.42	642	F	05/05/24	SE South East Region LC Championships 2024	High Wycombe		1
2:40.14	633	H	31/07/21	South East Festival of Swimming 2021	Crawley	Crawley	1
2:40.69	627	F	09/07/22	Guildford City SC Long Course Summer Open Meet	Surrey Sport Park		3
2:40.75	626	H	10/03/24	City of Sheffield SS Premier Open Meet 2024	Sheffield	Guildford Ct	1
2:40.79	626	F	04/07/21	Take The Plunge L3 Open Meet 2021	Crawley		3
2:41.29	620	F	24/03/24	Guildford City L1 Spring Open Meet 2024	Guildford		1
2:42.03	611	F	14/03/20	2020 Wycombe Long Course Premier Meet	Wycombe	Crawley	1
2:42.05	611	F	09/02/20	Sussex County ASA Champs and Age Group Comp	Crawley	Crawley	1
2:42.60	605	H	27/01/23	23rd Luxembourg Euro Meet 2023	Luxembourg		1
2:42.92	601	F	01/08/19	Swim England National Summer Meet	Sheffield	Crawley	1
2:43.24	598	F	10/03/24	City of Sheffield SS Premier Open Meet 2024	Sheffield	Guildford Ct	1
2:43.27	597	F	21/05/23	Portsmouth Northsea Nationals Last Chance 2023	Mountbatten Centre		1
2:44.05	589	H	05/04/23	British Swimming Championships 2023	Sheffield	Guildford Ct	1
2:44.41	585	F	27/01/23	23rd Luxembourg Euro Meet 2023	Luxembourg		1
2:44.95	579	H	05/05/24	SE South East Region LC Championships 2024	High Wycombe		1
2:47.54	553	H	21/05/23	Portsmouth Northsea Nationals Last Chance 2023	Mountbatten Centre		1
2:47.78	551	H	01/08/19	Swim England National Summer Meet	Sheffield	Crawley	1
2:47.88	548	H	05/05/19	Swim England South East LC Championships 2019	Crawley	Crawley	1

2:47.09	549	F	23/03/19	Swim England South East 14 & U Championships 2019	Crawley	Crawley	
2:47.97	549		11/03/23	Swedish Grand Prix 2023	Kungsbacka	S Eng Reg	1
2:48.00	548	F	26/03/23	Guildford City L1 Spring Open Meet 2023	Surrey Sports Parl		1
2:48.21	546	F	26/03/23	Guildford City L1 Spring Open Meet 2023	Surrey Sports Parl		1
2:48.70	542	F	21/01/24	Surrey Age Group Championships 2024	Guildford		1
2:49.31	536	H	30/04/23	SE South East Region Summer Championships 2023	Wycombe		1
2:49.33	536	H	25/05/19	Swim England South East 14 & U Championships 2019	Crawley	Crawley	1
2:50.04	529	F	10/02/19	SUSSEX COUNTY CHAMPIONSHIPS	Crawley	Crawley	1
2:50.14	528	F	23/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	Crawley	1
2:50.23	527	F	06/04/19	Crawley Spring Open	Crawley	Crawley	1
2:50.54	524	H	24/07/23	British Summer Championships	Sheffield	Guildford Ct	1
2:51.68	514	F	22/01/23	Surrey County Age Group Championships 2023	Guildford		1
2:51.78	513	H	19/04/19	Beckenham Easter International Open 2019	London	Crawley	1
2:55.72	479	H	26/05/18	Swim England South East Championships 2018	Crawley	Crawley	1
2:57.04	468	F	30/09/18	Lis Hartley Long Course Open Meet	Crawley	Crawley	3
2:57.24	467	H	26/05/18	Swim England South East Championships 2018	Crawley	Crawley	1
3:05.42	408	F	07/04/18	Crawley Spring Open	Crawley	Crawley	1
3:12.03	367	F	18/03/18	Atlantis Regional-National Chaser Open Meet	Crawley	Crawley	1
3:12.83	362	F	11/02/18	Sussex County Championships & Age Group Comp	Crawley	Crawley	1
3:34.06	265	F	26/02/17	Sussex County Championships & Age Group Comp	Crawley	Crawley	1

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2:48.21	546	F	26/03/23	Guildford City L1 Spring Open Meet 2023	Surrey Sports Parl		1
2:48.00	548	F	26/03/23	Guildford City L1 Spring Open Meet 2023	Surrey Sports Parl		1
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2:47.89	549	H	25/05/19	Swim England South East 14 &U Championships 2019	Crawley	Crawley	1
2:51.78	513	H	19/04/19	Beckenham Easter International Open 2019	London	Crawley	1
2:50.23	527	F	06/04/19	Crawley Spring Open	Crawley	Crawley	1
2:50.14	528	F	23/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	Crawley	1
2:50.04	529	F	10/02/19	SUSSEX COUNTY CHAMPIONSHIPS	Crawley	Crawley	1
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