

Individual Best Times (All Time)

Emma Allatt-File - (1234790) - Guildford City Swimming Club - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|-------------|-----------------|-------|
| 33.24 | 527 | H | 19/02/22 | Surrey County Age Group Championships 2022 | Stratford | | 1 |
| 33.30 | 524 | F | 19/02/22 | Surrey County Age Group Championships 2022 | Stratford | | 1 |
| 33.71 | 505 | F | 04/01/20 | Crawley Team Finis New Year Gala 2020 | K2, Crawley | Crawley | 3 |
| 34.77 | 461 | H | 23/02/20 | Sussex County ASA Champs and Age Group Comp | Crawley | Crawley | 1 |
| 35.21 | 443 | F | 24/02/19 | SUSSEX COUNTY CHAMPIONSHIPS | Crawley | Crawley | 1 |
| 35.26 | 442 | F | 23/02/20 | Sussex County ASA Champs and Age Group Comp | Crawley | Crawley | 1 |
| 35.35 | 438 | H | 24/02/19 | SUSSEX COUNTY CHAMPIONSHIPS | Crawley | Crawley | 1 |
| 37.40 | 370 | F | 29/09/19 | Lis Hartley Long Course Open Meet | K2 LC | Crawley | 3 |
| 38.32 | 344 | F | 17/06/18 | Crawley Summer Splash Long Course Meet | Crawley | Crawley | 3 |
| 38.48 | 340 | H | 25/02/18 | Sussex County Championships & Age Group Comp | Crawley | Crawley | 1 |
| 38.78 | 332 | F | 08/04/18 | Crawley Spring Open | Crawley | Crawley | 1 |
| 42.50 | 252 | F | 30/09/17 | Lis Hartley Long Course Open Meet | Crawley | Crawley | 3 |
| 43.13 | 241 | F | 18/06/17 | Crawley Summer Splash Spectacular LC Meet | Crawley | Crawley | 3 |
| 43.60 | 233 | F | 26/02/17 | Sussex County Championships & Age Group Comp | Crawley | Crawley | 1 |
| 44.53 | 219 | F | 01/10/16 | Lis Hartley LC Opportunity Meet 2016 | Crawley | Crawley | 3 |

Swims in Date Order

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|-------|--------|-------|----------|---|-------------|-----------------|-------|
| 33.30 | 524 | F | 19/02/22 | Surrey County Age Group Championships 2022 | Stratford | | 1 |
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| 34.77 | 461 | H | 23/02/20 | Sussex County ASA Champs and Age Group Comp | Crawley | Crawley | 1 |
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| 42.50 | 252 | F | 30/09/17 | Lis Hartley Long Course Open Meet | Crawley | Crawley | 3 |
| 43.13 | 241 | F | 18/06/17 | Crawley Summer Splash Spectacular LC Meet | Crawley | Crawley | 3 |
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