

# Individual Best Times (All Time)

Alisha Bedson - (1228578) - Nantwich Seals Swimming Club - 200 Individual Medley - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:59.38	347	F	07/05/16	Manchester Open Meet 2016	Manchester	Newcastle St	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:59.38	347	F	07/05/16	Manchester Open Meet 2016	Manchester	Newcastle St	1