

Individual Best Times (All Time)

Emma Simmonds - (1218536) - West Norfolk Swimming Club - 100 Freestyle - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:11.84	372	F	03/03/24	City of Norwich March LC Open Meet 2024	Norwich		3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:11.84	372	F	03/03/24	City of Norwich March LC Open Meet 2024	Norwich		3