

Individual Best Times (All Time)

Lauren Askew - (1218268) - Atlantis Swimming Club - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:04.75	460	F	13/01/24	2024 Atlantis Long Distance Meet	Crawley		4
5:18.48	403	F	25/09/22	Lis Hartley L3 Open Meet Crawley 2022	K2 Crawley		3
5:31.30	358	F	07/03/20	Atlantis Regional Chaser 2020 Level 3 Open Meet	Crawley	Dorking	3
6:15.99	245	F	11/02/18	Surrey Age Group Championships 2018	Surrey	Dorking	1
7:23.56	149	F	29/01/17	Surrey Age Group Championships	Guildford	Dorking	1

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