

Individual Best Times (All Time)

Lauren Askew - (1218268) - Atlantis Swimming Club - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:41.25	478	H	11/05/24	Romford Last Chance L1 National Qualifier Meet 24	Crawley	Atlantis	1
2:42.68	465	F	11/02/24	Sussex County ASA County Championships	Crawley		1
2:43.94	455	F	26/02/22	Surrey County Age Group Championships 2022	Guildford		1
2:48.20	421	F	04/02/23	Surrey County Age Group Championships 2023	Guildford		1
2:51.61	396	H	31/07/21	South East Festival of Swimming 2021	Crawley	Dorking	1
2:57.02	361	F	07/03/20	Atlantis Regional Chaser 2020 Level 3 Open Meet	Crawley	Dorking	3
2:57.45	359	F	21/12/19	Redhill & Reigate Christmas County Chaser	Crawley	Dorking	4
3:01.28	336	F	28/09/19	Lis Hartley Long Course Open Meet	K2 LC	Dorking	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:41.25	478	H	11/05/24	Romford Last Chance L1 National Qualifier Meet 24	Crawley	Atlantis	1
2:42.68	465	F	11/02/24	Sussex County ASA County Championships	Crawley		1
2:48.20	421	F	04/02/23	Surrey County Age Group Championships 2023	Guildford		1
2:43.94	455	F	26/02/22	Surrey County Age Group Championships 2022	Guildford		1
2:51.61	396	H	31/07/21	South East Festival of Swimming 2021	Crawley	Dorking	1
2:57.02	361	F	07/03/20	Atlantis Regional Chaser 2020 Level 3 Open Meet	Crawley	Dorking	3
2:57.45	359	F	21/12/19	Redhill & Reigate Christmas County Chaser	Crawley	Dorking	4
3:01.28	336	F	28/09/19	Lis Hartley Long Course Open Meet	K2 LC	Dorking	3