

# Individual Best Times (All Time)

Aaron Wilks - (1214864) - Windsor SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:49.75	438	H	14/04/19	Newham & East London L1 National Qualifying Meet	London	Windsor	1
4:50.02	436	F	16/02/20	2020 Wycombe Dual Award (L3) Long Course Meet	High Wycombe	Windsor	3
4:53.86	420	H	02/03/19	Rushmoor Royals Regional Qualifier Open Meet	Aldershot	Windsor	3
4:54.52	417	H	15/01/22	Berkshire & South Bucs County & Age Group Champs	Wycombe	Windsor	1
4:54.55	417	F	07/04/19	Crawley Spring Open	Crawley	Windsor	1
4:55.05	414	F	10/04/22	Crawley SC Spring L1 Open Meet 2022	Crawley		1
4:58.57	400	H	12/01/19	Berkshire & S Buckinghamshire County Champs 2019	Wycombe	Windsor	1
5:00.36	393	H	11/01/20	BSBASA County Championships	Wycombe	Windsor	1
5:02.11	386	F	17/02/19	Wycombe Dual Award Long Course Meet	Wycombe	Windsor	3
5:11.02	354	H	18/03/18	Rushmoor Royals L1 Spring National Qualifier Open	Aldershot	Windsor	1
5:18.73	329	H	13/01/18	Berks & Sth Bucks County Championships	Wycombe	Windsor	1
5:19.62	326	F	08/04/18	Crawley Spring Open	Crawley	Windsor	1
5:53.34	241	F	09/04/17	Crawley Spring LC Level 1 Meet	Crawley	Windsor	1
5:58.87	230	F	09/04/16	Crawley Spring Open Meet 2016	Crawley	Windsor	3
5:59.77	228	F	18/07/15	Wycombe District End of Season Meet	Wycombe	Windsor	3

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