

Individual Best Times (All Time)

Dayna Arbon - (1213460) - City of Norwich SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:51.53	432	H	03/02/24	SE Norfolk County Championships 2024	Norwich	Co Norwich	1
5:56.82	413	H	04/02/23	Norfolk County Championships 2023	Norwich	Co Norwich	1

Swims in Date Order

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