

Individual Best Times (All Time)

Ella Pemberton - (1196498) - Bor of Waltham Forest (Gators) - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:00.10	482	F	14/03/20	2020 London Region Spring Open Meet	London	Bo Waltham F	1
5:01.92	473	H	02/02/20	Essex Age Group Championships 2020	Basildon	Bo Waltham F	1
5:03.05	468	H	25/02/24	2024 Essex County Age Group Championships	London	Bo Waltham F	1
5:06.88	451	F	25/07/21	London Region Festival of Swimming Meet 2021	London Aquatic C		1
5:11.21	432	H	25/05/24	AP Race International 2024	London	Bo Waltham F	1
5:14.26	420	H	13/04/19	Newham & East London L1 National Qualifying Meet	London	Bo Waltham F	1
5:18.75	402	H	17/02/18	Essex Age Group Championships 2018	Basildon	Bo Waltham F	1

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