

# Individual Best Times (All Time)

Lucy Young - (1191907) - Biggleswade SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:32.09	530	H	05/02/23	Bedfordshire ASA County Championships 2023	Luton	Bedford SS	1
2:32.20	529	H	20/04/24	Swim England East Region LC Championships 2024	Luton	Biggleswade	1
2:32.32	528	H	04/02/24	Bedfordshire County Championships 2024	Luton	Biggleswade	1
2:32.41	527	H	06/02/22	Bedfordshire ASA County Championships	Luton	Bedford SS	1
2:32.89	522	H	02/02/20	Bedfordshire ASA 2020 Age Group and County Champs	Luton	Bedford SS	1
2:33.29	518	H	30/04/22	SE East Region Long Course Championships 2022	Norwich	Bedford SS	1
2:33.70	514	H	17/12/22	Northampton SC Winter Festival 2022	Corby	Bedford SS	1
2:34.20	509	H	16/07/22	Team Luton Summer Long Course Meet 2022	Luton	Bedford SS	3
2:34.80	503	H	29/04/23	Swim England East Region LC Championships 2023	Norwich	Bedford SS	1
2:35.74	494	H	25/05/19	Swim England East Region Long Course Champs 2019	UEA Sportspark	Bedford SS	1
2:36.36	488	H	20/05/23	Cardiff International Open Meet 2023	Cardiff		1
2:36.53	486	H	18/03/23	Team Luton March LC Meet 2023	Luton	Bedford SS	1
2:37.65	476	H	15/07/23	Team Luton Summer LC Meet 2023	Luton	Biggleswade	3
2:38.34	470	H	20/04/19	Team Luton April Open Meet	Luton	Bedford SS	1
2:38.61	467	H	26/05/18	East Swimming Long Course Championships 2018	Luton	Bedford SS	1
2:39.35	461	H	19/03/22	Derventio eXcel March Open Meet	Sheffield	Bedford SS	1
2:39.81	457	H	07/08/21	British Swimming Festival of Swimming East Region	London Aquatic Centr	Bedford SS	1
2:43.50	427	F	30/03/18	City of Norwich Easter Long Course Meet	Norwich	Bedford SS	1
2:46.03	407	H	24/03/18	Team Luton March Long Course Meet 2018	Luton	Bedford SS	1
2:52.04	366	H	16/04/17	Team Luton April Long Course Meet 2017	Luton	Bedford SS	1
2:53.07	360	H	14/05/17	Team Luton May Long Course Meet 2017	Luton	Bedford SS	1
3:07.97	281	H	09/07/16	Northampton 2016 Long Course Summer Festival	Corby		3
3:08.84	277	H	31/01/16	Bedfordshire Age Group & County Champs	Luton	Bedford SS	1
3:08.84	277	H	31/01/16	Bedfordshire Age Group & County Champs	Luton	Bedford SS	1
3:09.10	276	H	17/04/16	Team Luton April Long Course Meet	Luton	Bedford SS	1
3:11.12	267	H	15/05/16	Team Luton May Long Course Meet	Luton	Bedford SS	1
3:16.03	247	H	11/07/15	Northampton Summer Festival Open Meet	Corby		3

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3:16.02	247	H	11/07/15	Northampton Summer Festival Open Meet	Corby		3