## **Individual Best Times (All Time)**

Francesca Ali - (1191825) - West Norfolk Swimming Club - 50 Backstroke - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level	
44.37	221	F	03/03/18	UEA Norwich March Long Course Open Meet	Norwich	West Norfolk	3	

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
44.37	221	F	03/03/18	UEA Norwich March Long Course Open Meet	Norwich	West Norfolk	3

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