

# Individual Best Times (All Time)

Lola Morales - (1189479) - Tynemouth SC - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.40	517	F	11/02/18	N & D 2018 Championships	Sunderland	Tynemouth	1
29.54	510	H	24/03/18	City of Sunderland National Qualifier	Sunderland	Tynemouth	1
29.87	493	H	20/05/18	North East Region Championships	Leeds	Tynemouth	1
29.93	490	F	20/05/18	North East Region Championships	Leeds	Tynemouth	1
29.97	488	H	05/05/18	North East Region Championships	Sheffield	Tynemouth	1
29.98	488	F	21/05/17	ASA North East Region Championships	Sunderland	Tynemouth	1
29.99	487	H	11/02/18	N & D 2018 Championships	Sunderland	Tynemouth	1
30.17	479	H	08/04/18	Derventio Excel 12th Long Course Open Meet	Sheffield	Tynemouth	1
30.24	475	F	05/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	Tynemouth	1
30.24	475	F	05/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	Tynemouth	1
30.45	466	H	21/05/17	ASA North East Region Championships	Sunderland	Tynemouth	1
30.75	452	H	01/04/17	City of Sunderland National Qualifier 2017	Sunderland	Tynemouth	1
31.02	440	H	05/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	Tynemouth	1
31.02	440	H	05/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	Tynemouth	1
32.03	400	F	06/02/16	Northumberland & Durham County Champs	Sunderland	Tynemouth	1
32.03	400	F	06/02/16	Northumberland & Durham County Champs	Sunderland	Tynemouth	1
32.76	374	H	06/02/16	Northumberland & Durham County Champs	Sunderland	Tynemouth	1
32.76	374	H	06/02/16	Northumberland & Durham County Champs	Sunderland	Tynemouth	1
33.27	357	H	16/01/16	City of Sunderland New Year Meet	Sunderland	Tynemouth	1

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31.02	440	H	05/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	Tynemouth	1
32.03	400	F	06/02/16	Northumberland & Durham County Champs	Sunderland	Tynemouth	1
32.03	400	F	06/02/16	Northumberland & Durham County Champs	Sunderland	Tynemouth	1
32.76	374	H	06/02/16	Northumberland & Durham County Champs	Sunderland	Tynemouth	1
32.76	374	H	06/02/16	Northumberland & Durham County Champs	Sunderland	Tynemouth	1
33.27	357	H	16/01/16	City of Sunderland New Year Meet	Sunderland	Tynemouth	1