

Individual Best Times (All Time)

James Dillon - (1189083) - Basildon and Phoenix SC - 100 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:09.50	548	H	21/04/19	BPSC Easter Meet 2019	Basildon	Basildon Ph	1
1:09.77	541	F	16/02/19	Essex Age Group Champs 2019	Basildon	Basildon Ph	1
1:09.77	541	F	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	Basildon Ph	1
1:10.74	519	H	24/03/19	ESSA 69th National Inter-Divisional Championships	Crawley		1
1:11.25	508	F	21/01/18	Essex Age Group Championships 2018	Basildon	Basildon Ph	1
1:11.68	499	H	16/02/19	Essex Age Group Champs 2019	Basildon	Basildon Ph	1
1:11.87	495	H	21/01/18	Essex Age Group Championships 2018	Basildon	Basildon Ph	1
1:12.39	485	H	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	Basildon Ph	1
1:12.45	483	F	05/05/18	East Swimming Long Course Championships 2018	Norwich	Basildon Ph	1
1:12.48	483	H	26/05/18	London Swimming 2018 Long Course Summer Open	London	Basildon Ph	1
1:12.53	482	F	18/02/17	Essex Age Group Championships 2017	Basildon	Basildon Ph	1
1:13.01	472	F	28/05/17	ASA East Region Long Course Championships	Norwich	Basildon Ph	1
1:13.04	472	H	25/07/17	British Summer Championships	Sheffield	Basildon Ph	1
1:13.33	466	H	05/05/18	East Swimming Long Course Championships 2018	Norwich	Basildon Ph	1
1:13.59	461	H	29/10/17	Essex Senior Winter Championships 2017	Basildon	Basildon Ph	1
1:13.81	457	H	14/04/18	N&EL L1 National Qualifying Meet	London	Basildon Ph	1
1:13.85	456	H	28/05/17	ASA East Region Long Course Championships	Norwich	Basildon Ph	1
1:14.42	446	H	02/09/17	Bedfordshire ASA Junior County Competition 2017	Luton	Essex	1
1:14.43	446	H	02/07/17	ASAER Inter County Competition	Luton	Essex	1
1:14.52	444	F	29/10/17	Essex Senior Winter Championships 2017	Basildon	Basildon Ph	1
1:14.54	444	H	07/07/19	Swim England East Region Inter County Competition	UEA Sportspark	Essex	1
1:14.62	442	H	18/02/17	Essex Age Group Championships 2017	Basildon	Basildon Ph	1
1:15.74	423	H	16/04/17	BPSC Easter Meet 2017	Basildon	Basildon Ph	1
1:15.89	421	H	01/04/18	BPSC Easter Meet 2018	Basildon	Basildon Ph	1
1:17.71	392	H	18/09/16	Bedfordshire ASA Junior Inter-County Competition	Luton	Essex	1
1:18.22	384	H	28/05/16	ASA East Region Long Course Championships	Luton	Basildon Ph	1
1:18.22	384	F	28/05/16	ASA East Region Long Course Championships	Luton	Basildon Ph	1

1:18.29	363	F	20/03/16	ASA East Region Long Course Championships	Luton	Basildon Ph	
1:18.37	382	H	09/04/16	Derventio Excel 10th Open Meet 2016	Sheffield	Basildon Ph	1
1:19.53	365	H	10/07/16	ASA East Region Inter County Team Competition	Norwich	Basildon Ph	1
1:19.62	364	F	20/02/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1
1:21.61	338	H	24/07/16	BPSC End of Season Meet 2016	Basildon	Basildon Ph	3
1:22.12	332	H	20/02/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1
1:29.11	260	H	18/07/15	Basildon & Phoenix LC End of Season Meet	Basildon		3
1:31.29	241	H	23/05/15	ASA East Region Summer Championships	Norwich		1
1:37.87	196	H	04/04/15	Basildon & Phoenix LC Easter Meet	Basildon		1

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