

Individual Best Times (All Time)

James Dillon - (1189083) - Basildon and Phoenix SC - 50 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.54	613	H	20/04/19	BPSC Easter Meet 2019	Basildon	Basildon Ph	1
30.91	591	F	20/04/19	BPSC Easter Meet 2019	Basildon	Basildon Ph	1
31.04	584	F	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	Basildon Ph	1
31.14	578	H	05/05/19	Swim England East Region Long Course Champs	Inspire Luton	Basildon Ph	1
31.17	577	H	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	Basildon Ph	1
31.40	564	F	05/05/19	Swim England East Region Long Course Champs	Inspire Luton	Basildon Ph	1
31.61	553	H	23/03/19	ESSA 69th National Inter-Divisional Championships	Crawley		1
31.62	552	H	25/07/18	British Summer Championships	Sheffield	Basildon Ph	1
32.11	527	H	15/04/18	N&EL L1 National Qualifying Meet	London	Basildon Ph	1
32.50	509	F	06/05/18	East Swimming Long Course Championships 2018	Norwich	Basildon Ph	1
32.67	501	H	31/03/18	BPSC Easter Meet 2018	Basildon	Basildon Ph	1
32.88	491	F	03/02/18	Essex Age Group Championships 2018	London	Basildon Ph	1
33.05	484	H	06/05/18	East Swimming Long Course Championships 2018	Norwich	Basildon Ph	1
33.08	482	H	26/07/17	British Summer Championships	Sheffield	Basildon Ph	1
33.11	481	F	31/03/18	BPSC Easter Meet 2018	Basildon	Basildon Ph	1
33.14	480	F	29/05/17	ASA East Region Long Course Championships	Norwich	Basildon Ph	1
33.19	477	H	03/02/18	Essex Age Group Championships 2018	London	Basildon Ph	1
33.21	477	F	04/02/17	Essex Age Group Championships	London	Basildon Ph	1
33.21	477	F	04/02/17	Essex Age Group Championships 2017	Basildon	Basildon Ph	1
33.22	476	H	26/05/18	London Swimming 2018 Long Course Summer Open	London	Basildon Ph	1
33.48	465	H	28/10/17	Essex Senior Winter Championships 2017	Basildon	Basildon Ph	1
33.94	446	H	29/05/17	ASA East Region Long Course Championships	Norwich	Basildon Ph	1
34.02	443	H	15/04/17	BPSC Easter Meet 2017	Basildon	Basildon Ph	1
34.27	434	H	04/02/17	Essex Age Group Championships	London	Basildon Ph	1
34.27	434	H	04/02/17	Essex Age Group Championships 2017	Basildon	Basildon Ph	1
35.20	400	H	23/07/16	BPSC End of Season Meet 2016	Basildon	Basildon Ph	3
35.25	385	F	29/05/16	ASA East Region Long Course Championships	Luton	Basildon Ph	1

33.33	393	F	30/03/16	ASA East Region Long Course Championships	Luton	Basildon Ph	1
36.18	368	F	06/02/16	Essex Age Group Championships 2016	London	Basildon Ph	1
36.18	368	F	06/02/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1
36.20	368	H	30/05/16	ASA East Region Long Course Championships	Luton	Basildon Ph	1
36.51	359	H	10/04/16	Derwentio Excel 10th Open Meet 2016	Sheffield	Basildon Ph	1
36.97	345	H	06/02/16	Essex Age Group Championships 2016	London	Basildon Ph	1
36.97	345	H	06/02/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1
37.19	339	H	26/03/16	Basildon & Phoenix Easter LC Meet 2016	Basildon	Basildon Ph	1
40.06	271	H	18/07/15	Basildon & Phoenix LC End of Season Meet	Basildon		3
41.50	244	F	31/05/15	BPSC Level 1 Sprint & 400m No Frills Meet	Basildon		1
42.46	228	H	31/05/15	BPSC Level 1 Sprint & 400m No Frills Meet	Basildon		1
45.89	180	H	04/04/15	Basildon & Phoenix LC Easter Meet	Basildon		1

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30.91	591	F	20/04/19	BPSC Easter Meet 2019	Basildon	Basildon Ph	1
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36.97	345	H	06/02/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1
40.06	271	H	18/07/15	Basildon & Phoenix LC End of Season Meet	Basildon		3
41.50	244	F	31/05/15	BPSC Level 1 Sprint & 400m No Frills Meet	Basildon		1
42.46	228	H	31/05/15	BPSC Level 1 Sprint & 400m No Frills Meet	Basildon		1
45.89	180	H	04/04/15	Basildon & Phoenix LC Easter Meet	Basildon		1

