

# Individual Best Times (All Time)

James Dillon - (1189083) - Basildon and Phoenix SC - 100 Backstroke - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:29.08	194	H	18/07/15	Basildon & Phoenix LC End of Season Meet	Basildon		3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:29.08	194	H	18/07/15	Basildon & Phoenix LC End of Season Meet	Basildon		3