

Individual Best Times (All Time)

Nubia Adjei - (1180684) - Sutton & Cheam SC - 50 Butterfly - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.31	579	F	20/08/22	XV CANA AFRICAN SWIMMING CHAMPIONSHIPS	Tunis		1
29.42	572	F	02/06/24	Wandsworth SC Summer Meet 2024	Crawley	Sutton Cheam	3
29.53	566	H	20/08/22	XV CANA AFRICAN SWIMMING CHAMPIONSHIPS	Tunis		1
29.54	565	H	26/07/23	World Aquatics Championships 2023	Fukuoka, Japan		1
29.60	562	H	09/03/24	13th African Games 2024	Ghana		1
29.75	553	F	27/05/22	8th CANA Zone 2 African Senior Swimming Champs	Senegal		1
29.89	546	H	29/04/23	SE London Summer Championships 2023	Stratford		1
29.94	543	F	03/02/24	Nottinghamshire ASA County Championships 2024	Nottingham	Uni of Nott	1
29.98	541	H	03/02/24	Nottinghamshire ASA County Championships 2024	Nottingham	Uni of Nott	1
30.07	536	H	28/05/23	AP Race International 2023	London	Sutton Cheam	1
30.11	534	F	17/03/19	Atlantis Regional Chaser 2019	Crawley	Sutton Cheam	3
30.14	532	H	12/03/23	Edinburgh International 2023	Edinburgh		1
30.16	531	H	31/07/22	Commonwealth Games 2022	Birmingham		1
30.23	527	F	05/03/20	7th Africa Zone 2 Swimming Championships	Ghana		1
30.35	521	H	01/11/21	14th CANA African Swimming Championship	Ghana		3
30.49	514	H	04/11/17	2017 London Swimming Regional Winter Champs	London	Sutton Cheam	1
30.52	512	H	05/05/18	2018 London Swimming Regional Summer Champs	Stratford	Sutton Cheam	1
30.62	507	F	31/07/21	Guildford City SC L3 Summer Open Meet	Surrey Sports Park		3
30.81	498	F	04/05/19	London 2019 Long Course Summer Championships	London Aquatics Cnt	Sutton Cheam	1
30.85	496	H	27/05/18	London Swimming 2018 Long Course Summer Open	London	Sutton Cheam	1
30.87	495	F	05/05/18	2018 London Swimming Regional Summer Champs	Stratford	Sutton Cheam	1
30.88	495	F	06/04/19	Crawley Spring Open	Crawley	Sutton Cheam	1
30.97	490	F	20/05/17	2017 London Swimming Regional Age Group Champs	Crystal Palace	Sutton Cheam	1
30.99	489	F	07/04/18	Crawley Spring Open	Crawley	Sutton Cheam	1
31.11	484	H	17/02/18	Surrey Age Group Championships 2018	Surrey	Sutton Cheam	1
31.11	484	H	04/05/19	London 2019 Long Course Summer Championships	London Aquatics Cnt	Sutton Cheam	1
31.23	478	H	22/02/18	Surrey Age Group Championships 2018	London	Sutton Cheam	1

31.23	470	M	23/02/19	Surrey Age Group Championships 2019	London	Sutton Cheam	
31.26	477	F	23/02/19	Surrey Age Group Championships 2019	London	Sutton Cheam	1
31.59	462	F	26/02/17	Surrey Age Group Championships	Crystal Palace	Sutton Cheam	1
31.60	462	H	19/03/17	Rushmoor Royals L1 Spring National Qualifier Open	Aldershot	Sutton Cheam	1
31.67	459	H	20/05/17	2017 London Swimming Regional Age Group Champs	Crystal Palace	Sutton Cheam	1
31.75	455	F	08/04/17	Crawley Spring LC Level 1 Meet	Crawley	Sutton Cheam	1
31.97	446	H	05/01/18	RHAC Launch into Long Course 2018	Canada	Sutton Cheam	1
32.13	439	F	28/05/17	2017 London Swimming May Open Meet	London	Sutton Cheam	1
32.66	418	H	29/05/16	ASA London Region Last Chance Meet	Crystal Palace	Sutton Cheam	1
33.01	405	H	20/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	Sutton Cheam	1
33.31	394	F	28/02/16	Surrey County ASA Age Group Championships 2016	Crystal Palace	Sutton Cheam	1
33.65	382	H	21/05/16	London Region Summer Age Grp Championships	Crystal Palace	Sutton Cheam	1
35.45	327	F	19/07/15	Portsmouth Northsea End of Season Meet	Portsmouth	Sutton Cheam	3
35.58	323	H	11/04/15	Bexley Long Course Open Meet	Crystal Palace		1
36.05	311	H	30/05/15	London Regional Championships	London		1
36.07	310	H	28/02/15	Surrey Age Group Championships	Crystal Palace	Sutton Cheam	1
37.68	272	F	15/03/15	London Schools Championships 2015	Crystal Palace		1
38.35	258	H	10/01/15	Rushmoor Royals 9th New Year Open Meet	Aldershot		3
38.91	247	F	20/07/14	Portsmouth Northsea SC PN End of Season Meet	Portsmouth	Sutton Cheam	3
41.75	200	H	18/01/14	Rushmoor Royals January L1 Open Meet	Crawley	Sutton Cheam	1

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38.91	247	F	20/07/14	Portsmouth Northsea SC PN End of Season Meet	Portsmouth	Sutton Cheam	3
41.75	200	H	18/01/14	Rushmoor Royals January L1 Open Meet	Crawley	Sutton Cheam	1