

Individual Best Times (All Time)

Mohammad Ahmed - (1177311) - Havering Dolphins - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:58.58	246	H	14/12/19	RTSC Christmas Cracker	Stratford	Havering Dol	3
3:30.19	150	H	20/07/14	Basildon & Phoenix End of Season Meet	Basildon	Havering Dol	3

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