

# Individual Best Times (All Time)

Tom Adamson - (1173149) - Carnforth & Dist Otters - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:28.14	326	H	09/02/19	Lancs County WPSA Age Groups & Championships 2019	Manchester	Carnforth	1
2:33.54	293	H	26/05/18	2018 SENW Summer Championships	Manchester	Carnforth	1
2:33.63	292	H	03/02/18	Lancs County WPSA Age Groups & Championships	Manchester	Carnforth	1
2:44.59	238	H	04/02/17	Lancashire County Championships	Manchester	Carnforth	1

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