

Individual Best Times (All Time)

Elyssa Palmer - (1172869) - City of Sunderland ASC - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:11.68	511	F	11/05/19	Swim England North East Region Championships (50)	Leeds	Co Sund'land	1
1:11.83	508	F	09/02/19	Northumberland & Durham Swimming Association 2019	Sunderland	Co Sund'land	1
1:12.62	492	H	11/05/19	Swim England North East Region Championships (50)	Leeds	Co Sund'land	1
1:13.69	470	H	23/03/19	City of Sunderland National Qualifier 2019	Sunderland	Co Sund'land	1
1:13.97	465	H	09/02/19	Northumberland & Durham Swimming Association 2019	Sunderland	Co Sund'land	1
1:14.11	462	H	19/01/19	City of Sunderland New Year Meet 2019	Sunderland	Co Sund'land	1
1:14.12	462	H	07/07/19	City of Sunderland ASC Summer Splash 2019	Sunderland	Co Sund'land	3
1:14.98	447	H	12/01/20	City of Sunderland New Year Meet 2020	Sunderland	Co Sund'land	1
1:16.45	421	F	21/07/18	City of Sheffield Summer Meet 2018	Sheffield	Co Sund'land	3
1:17.18	409	H	01/07/18	City of Sunderland Summer Splash 2018	Sunderland	Co Sund'land	3
1:17.20	409	H	21/07/18	City of Sheffield Summer Meet 2018	Sheffield	Co Sund'land	3
1:17.79	400	H	24/03/18	City of Sunderland National Qualifier	Sunderland	Co Sund'land	1
1:20.46	361	H	08/07/17	City of Sunderland Summer Splash 2017	Sunderland	Co Sund'land	3
1:20.71	358	H	22/07/17	City of Sheffield Summer Meet	Sheffield	Co Sund'land	3
1:20.84	356	H	14/01/18	City of Sunderland New Year Meet 2018	Sunderland	Co Sund'land	1
1:25.18	304	H	01/04/17	City of Sunderland National Qualifier 2017	Sunderland	Co Sund'land	1
1:27.23	283	H	22/01/17	City of Sunderland SC New Year Meet 2017	Sunderland	Co Sund'land	1
1:31.94	242	H	09/07/16	City of Sunderland Summer Splash 2016	Sunderland	Co Sund'land	3
1:34.92	220	H	17/01/16	City of Sunderland New Year Meet	Sunderland	Co Sund'land	1
1:35.21	218	H	06/02/16	Northumberland & Durham County Champs	Sunderland	Co Sund'land	1
1:35.21	218	H	06/02/16	Northumberland & Durham County Champs	Sunderland	Co Sund'land	1

Swims in Date Order

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