

# Individual Best Times (All Time)

Neo Seppman - (1171805) - City of Swansea Aquatics Club - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:09.88	288	H	02/08/19	Swim Wales Summer Nationals	Swansea	Swansea Aq	1
3:13.18	274	F	28/03/16	Swim Wales Long Course Championships	Swansea	Swansea Aq	1
3:14.18	269	H	12/05/19	Swansea Aquatics Centenary 2019 LC Open Meet	WNPS	Swansea Aq	1
3:15.24	265	H	07/08/16	Swim Wales Summer Nationals	Swansea	Swansea Aq	1
3:16.16	261	F	22/10/16	Neath Level 1 Open Meet	Swansea	Swansea Aq	1
3:16.83	259	H	28/03/16	Swim Wales Long Course Championships	Swansea	Swansea Aq	1
3:16.85	259	F	14/05/16	City of Swansea Long Course Meet 2016	Swansea	Swansea Aq	1
3:26.44	224	F	24/10/15	Neath ASC Open Meet 2015	Swansea	Swansea Aq	1
3:29.09	216	F	18/09/15	Swim Wales Legends Meet	Swansea	Swansea Aq	3

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