

Individual Best Times (All Time)

Neo Seppman - (1171805) - City of Swansea Aquatics Club - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--------------------------------------|---------|-----------------|-------|
| 2:54.95 | 261 | H | 25/03/16 | Swim Wales Long Course Championships | Swansea | Swansea Aq | 1 |
| 2:56.43 | 255 | F | 22/10/16 | Neath Level 1 Open Meet | Swansea | Swansea Aq | 1 |
| 2:58.49 | 246 | H | 01/08/16 | Swim Wales Summer Nationals | Swansea | Swansea Aq | 1 |
| 3:04.34 | 223 | F | 19/09/15 | Swim Wales Legends Meet | Swansea | Swansea Aq | 3 |
| 3:06.36 | 216 | F | 24/10/15 | Neath ASC Open Meet 2015 | Swansea | Swansea Aq | 1 |
| 3:21.95 | 170 | F | 11/01/15 | Swim Wales Open New Year Meet | Swansea | Swansea Aq | 1 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--------------------------------------|---------|-----------------|-------|
| 2:56.43 | 255 | F | 22/10/16 | Neath Level 1 Open Meet | Swansea | Swansea Aq | 1 |
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