

Individual Best Times (All Time)

Sophie Bennion - (1168952) - Coalville SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:50.02	534	H	27/05/17	ASA EM Region Youth Champs 2017	Sheffield	Co Leicester	1
4:52.75	519	F	03/12/17	Swim Wales Long Course Championships	Swansea	Co Leicester	1
4:53.49	515	H	07/07/18	Northampton Swimming Club 2018 LC Summer Festival	Corby	Co Leicester	3
4:55.89	503	H	14/05/17	Nova Centurion May Level 1 LC Open Meet	Nottingham	Co Leicester	1
4:59.69	484	H	28/05/16	ASA East Midland Region Swimming Champs	Corby	Co Leicester	1
5:03.83	464	H	14/05/16	Northampton 2016 Long Course Spring Festival	Corby	Co Leicester	1
5:42.62	324	H	08/03/15	Leicestershire County Age Groups & Championships	Loughborough		1

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