

Individual Best Times (All Time)

Sophie Bennion - (1168952) - Coalville SC - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|--------------|-----------------|-------|
| 1:17.88 | 398 | H | 13/05/17 | Nova Centurion May Level 1 LC Open Meet | Nottingham | Co Leicester | 1 |
| 1:22.67 | 333 | H | 13/03/16 | City of Sheffield March Madness Meet | Sheffield | Co Leicester | 3 |
| 1:22.95 | 330 | H | 15/05/16 | Northampton 2016 Long Course Spring Festival | Corby | Co Leicester | 1 |
| 1:26.01 | 296 | H | 05/09/15 | Worksop Dolphins The 31st Dukeries Open Meet | Sheffield | | 3 |
| 1:42.32 | 175 | H | 29/06/14 | City of Leicester Long Course Sprint Meet | Loughborough | Coalville | 3 |

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